



# Iowa Department of Public Health Promoting and Protecting the Health of Iowans

### **CCBHC Medication Assisted Treatment (MAT) Requirements**

The Certified Community Behavioral Health Clinic (CCBHC) will directly provide Buprenorphrine MAT services and directly or through DCO provide other MAT services that are consistent with the needs of individuals as identified in their individual treatment plans. MAT is pharmacotherapy relating to substance misuse. It combines pharmacological intervention with counseling and behavioral therapies.

#### CCBHC's must meet the following requirements:

- Have policies and procedures in place which ensures choice and access to medication
  assisted treatment for individuals who are misusing or addicted to opioids or who have
  other substance use disorders requiring MAT and provides access to counseling and
  other supportive services to individuals receiving MAT
- Ensure all DCO's meet SAMHSA and IDPH requirements for the service provided
- Have a Buprenorphine prescriber on staff able to prescribe or dispense buprenorphine for opioid dependency treatment.
  - Expand the clinical context of medication-assisted opioid dependency treatment as outlined in the Drug Addiction Act of 2000 (Data 2000) at: <a href="http://www.samhsa.gov/medication-assisted-treatment/buprenorphine-waiver-management">http://www.samhsa.gov/medication-assisted-treatment/buprenorphine-waiver-management</a>
  - Waivered physicians agree to post their prescribing status on SAMHSA's buprenorphine treatment physician locator and provide services up to the maximum number of clients allowed to treat.
- If a CCBHC directly provides methadone, it must be licensed under 641 lowa Admin.
   Code ch. 155 as an Opioid Treatment Program (OTP), and must have a current accreditation, Substance Abuse and Mental Health Services Administration (SAMHSA) certification as an OTP, and Drug Enforcement Administration (DEA) registration as an OTP
- If a CCBHC prescribes methadone, the CCBHC staff must meet personnel requirements supported by documentation. Requirements must align with SAMHSA'S 2015 Federal Guidelines for Opioid Treatment Programs (OTPs) http://store.samhsa.gov/product/PEP15-FEDGUIDEOT
  - All physicians, nurses, and other licensed professional care providers, including addiction counselors, must comply with the credentialing requirements of their respective professions. <a href="http://www.gpo.gov/fdsys/pkg/CFR-2002-title42-vol1/pdf/CFR-2002-title42-vol1-sec8-12.pdf">http://www.gpo.gov/fdsys/pkg/CFR-2002-title42-vol1-sec8-12.pdf</a>





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- Staff providing MAT services, shall be appropriately credentialed as defined in 641 Iowa Admin. Code 155.21(8), and 155.35(1)
- Participate in MAT education and provide outreach, education, and engagement to increase access and participation in MAT to medical providers, diverse populations atrisk and the community at large.
- Provide MAT services for alcohol dependence, Opiate addiction and Opioid maintenance treatment

#### **Examples of Alcohol dependence MAT medications a CCBHC may provide are:**

- Naltrexone (ReVia, Depade)
- Naltrexone for Extended-Release Injectable Suspension (VIVITROL)
- Disulfiram (Antabuse)
- Acamprosate Calcium (Campral)

## Examples of Opiate addiction MAT medications a CCBHC may provide including maintenance treatment are:

- Methadone
- Buprenorphine products including buprenorphine/naloxone combination formulations and buprenorphine mono-product formulations
- Naltrexone products including extended-release injectable and oral formulations (maintenance)